## LOCKDOWN REMINDERS

- Stay at home
- Only go outside for food, health reasons or work (but only if you cannot work from home)
- If you go out, stay 2 metres (6ft) away from other people at all times
- Wash your hands as soon as you get home
- Do not meet others, even friends or family
- ♦ You can spread the virus even if you don't have symptoms
- ♦ Don't allow non-emergency mobile services into your home

STAY HOME, PROTECT THE NHS AND SAVE LIVES

https://www.gov.uk/coronavirus

#### **REGISTER YOUR EMAIL ADDRESS**

Contact joanna@cjrose.net to be added to the village email list.

#### PUBLISHED BY WEEDON COMMUNITY SUPPORT GROUP

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Email: joanna@cjrose.net

Nicolette & Francis Habgood, Community Support Group Co-Ordinators

Tels: 01296 640132 or 07906 132746 Email: <a href="mailto:nicolettehabgood@outlook.com">nicolettehabgood@outlook.com</a>

**WEEDON WEBSITE** weedonbucks.org.uk

# WEEDON CORONAVIRUS COMMUNITY SUPPORT GROUP Update 5 24th April 2020

As we move into the fifth week of lockdown, I hope you're all feeling able to keep things in perspective. We're incredibly lucky to live where we do at this time.

We're still co-ordinating volunteer support in Weedon, and so many people are contributing to make that work.

It's so encouraging to see and hear the enthusiastic Thursday appreciation for the NHS and key workers.

And what about that wonderful banner on the Park fence? A perfect example of working together—Ralph and Jackie Followell had the idea, contacted Denise and Mark Talbott, and Sign Wizzard produced the banner free of charge. Thank you—it warms the heart to see it every day.

In order not to bore or confuse you, we are not repeating every item of interest in every update. However, we have uploaded all the previous updates to the Weedon website, so if you missed links, you can access them from here:

## WEEDON CORONAVIRUS SUPPORT GROUP UPDATES

Weedon Coronavirus Support Group

# STAY HOME, PROTECT THE NHS AND SAVE LIVES

# **VOLUNTEER NETWORK**

We are here to help!
Contact Nicolette Habgood

Email: nicolettehabgood@outlook.com

Tels: 07906 132746 or 01296 640132

# **CHECK PREVIOUS UPDATES at**

## WEEDON CORONAVIRUS SUPPORT GROUP UPDATES

## PRESCRIPTIONS FROM WHITCHURCH SURGERY

For help collecting prescriptions, contact Nicolette.

#### **FOOD AND SHOPPING**

<b>♦</b>	Local food businesses	Update 4
•	Shopping for extremely vulnerable	Update 4
•	Foodbank donations via Weedon Methodist Chapel	Update 4

#### FINANCIAL HARDSHIP

Weedon Charities—apply for hardship grants Update 3 Contact Wendy Kett 01296 640366, w.kett@btinternet.com.

## **MENTAL HEALTH**

♦ Links to online resources Update 1

#### **GARDENS AND GROWING**

<b>♦</b>	Seedling spares to spaces	Update 3
	Contact jane@janemeasures.com	
•	Nurseries for plant delivery	Updates 3, 4

♦ Identifying plants and gardening tips Update 1

#### **VILLAGE ENVIRONMENT**

<b>♦</b>	Walking Weedon footpaths	Update 4
•	Keep Weedon tidy—pick up litter as you walk	Update 3

## **ACTIVITIES AND INTERESTS**

•	Quizzes	Updates 1, 2, 3, 4
•	Weedon running loops	Update 3
•	Online exercise	Update 2
•	Learning from home	Updates 1, 2
•	Knitted hearts for ICU	Update 4
<b>•</b>	Free live theatre and opera at home	Update 4

# **SCAM AND FRAUD PREVENTION**

Continue to be on your guard against frauds and scams. We will report any new ones we become aware of.

# Already reported scams to remind you of:

- Door scams. Only accept help from people you are familiar with.
- Watch out for scam messages. Don't click on the links or attachments.
- Shopping online. Check website credentials and use credit cards.
- Coronavirus Testing Kits—they are fakes
- Ambulance fake news. Alarmist information on social media is not correct.

If you have been a victim of fraud or cyber-crime, report it to Action Fraud online or by calling 0300 123 2040.

# **ANSWERS: UNDERGROUND QUIZ PART 1**

1.	<b>Bond Street</b>	11. Cockfosters	21. Holland Park	31. Maida Vale	41. Beckton
2.	Bank	12. Notting Hill	22. Barbican	32. Acton Town	42. Canada Water
3.	Liverpool	Gate	23. Blackfriars	33. Marylebone	43. Shepherds Bush
	Street	13. Hyde Park	24. Grange Hill	34. St John's	44. Boston Manor
4.	Westminster	Corner	25. Hammersmith	Wood	45. Cannon Street
5.	Baker Street	14. Angel	26. Barking	35. All Saints	46. Aldgate East
6.	Monument	15. London Bridge	27. Whitechapel	36. Lewisham	47. Mile End
7.	Knightsbridge	16. Old Street	28. Richmond	37. Paddington	48. Limehouse
8.	Oxford Circus	17. Borough	29. Custom House	38. Debden	49. Tottenham Hale
9.	Arsenal	18. Oval	30. Kew Gardens	39. Queensway	50. Balham
10.	Marble Arch	19. Waterloo		40. Temple	
		20. Wimbledon		•	

# THE LONDON UNDERGROUND QUIZ—PART 2 of 3

The second part of the quiz about London Underground, DLR and London Overground stations.

- 51. Mediterranean island
- 52. Extra doorway
- 53. Mound
- 54. Jade recreational area
- 55. Hannibal's vehicle and fortress
- 56. Arsenal put underground
- 57. Parma in wild cowboy's country
- 58. Envious eyed sorceress
- 59. Wading bird door opening devices
- 60. Pale town with cathedral
- 61. Black cab in the middle
- 62. Replace England captain's meat with one hundred woodlands
- 63. Alexandra harbour country road
- 64. Park your aeroplane in a narrow road
- 65. A number of dwarves' female siblings
- 66. Heavy half-moon at start of the day
- 67. Pristine crucifix
- 68. Rabbit's home road
- 69. Curtsey basilica
- 70. Miner's bird quay
- 71. Scorched English wood
- 72. Applaud the ordinary meat
- 73. Factory where great fire started
- 74. One hundred blocks used to make a
- 75. Where Calcutta is

wall

- 76. Heavy Mr Simpson
- 77. North End street
- 78. Bacon joint can eat no more at the New York theatre
- 79. Parish priest's bowling ground
- 80. Record chime
- 81. Scottish highway
- 82. Lloyds logo street
- 83. Portuguese costa trips whilst playing football
- 84. Semicircular method
- 85. Lawn coloured car
- 86. Tall hair-do
- 87. Crimson overpass
- 88. Bremen beer beeps the horn
- 89. Home county docks
- 90. Rise above the rise
- 91. Dwelling residence
- 92. Meadows at the top of the world
- 93. The value of Dickie's chap
- 94. Lather the underground mound
- 95. Which river crossing?
- 96. Mrs Brown
- 97. The last surviving tea-clipper
- 98. West Country's highway
- 99. Freddie Kruger's common area
- 100.Lay to rest part of a fish in the playing field

## FIVE FLMS FOOD SERVICE

To get on the menu update list, and to order food, call John or Carol on 01296 641439 or email <a href="mailto:sleezytours@googlemail.com">sleezytours@googlemail.com</a> by 11am daily. Collection from the pub doorstep between 4-6pm, or they will help with delivery.

## **MEDICAL EMERGENCIES**

The Ambulance Service and NHS doctors and hospitals are still able to respond to medical emergencies not related to coronavirus.

PLEASE CALL if you need urgent help for heart attack, stroke, cancer, diabetes complications etc.

## THANKS FOR FOODBANK DONATIONS

A huge shout-out to everyone from Weedon and Hardwick who kindly donated gifts of groceries and money following our request last week.

Over the weekend we gathered about 35 bags of provisions to support the **Storehouse at the Aylesbury Vineyard Church**.



The organisers were extremely grateful as they are really stretched at the moment, trying to keep up with demand for food from those (particularly families) who are in financial distress.

They asked for people to **carry on giving** if they can as they are having to buy in food to meet demand.

Particular requests were for any kind of tinned protein—meat,

fish, soups, stews and pies—and for sanitary products and nappies.

There is the possibility that the Storehouse can organise a minibus to tour the villages for collection—we will keep you posted, but watch out for another local drop off in a couple of weeks' time and if you get the chance, pop in a couple of extra bits when you go shopping, and keep them until we let you know.

Helen and Sarah

# **CLAP FOR NHS and KEY WORKERS**

#### **EVERY THURSDAY EVENING 8PM**

Stand at your open windows or doors, or in your front garden, and show your appreciation by clapping, banging saucepans and cheering.

## WFFDON PARISH COUNCIL

Key outcomes from the first online/virtual meeting of Weedon PC

On Tuesday 21st April, Weedon PC held a virtual parish council meeting via the Zoom online platform. It was "attended" by 6 out of 7 councillors. The nuts and bolts of the meeting went surprisingly well!

Here are some decisions of particular note.

⇒ New wooden Kissing Gate at Aston Abbotts Road (opposite Hinton House) The field has changed hands, due to John Woodfield's move. The new land owner and tenant agreed that the stile could be changed to a kissing gate to improve access for pedestrians. This was one of the last stiles left on

In this central location in the Conservation Area, it was agreed to purchase a wooden kissing gate, and the landowner is going to fund changing the metal field gate to a matching wooden one.

We look forward to the work being completed quickly.

the Village Walk route, so the PC was delighted.

# ⇒ Park and Play Area

It was agreed after taking legal advice that as the Park is a small enclosed space with no walkways through it, the whole area should stay closed. Only larger parks which have walking/cycling routes can stay open, and no congregating or sitting on benches or picnicking etc are permitted.

# ⇒ Weedon Graveyard

Some levelling work has been agreed on graves to remove trip hazards. Also, there will be no change in the graveyard fees and regulations for the coming year.

For the full draft minutes of the meeting, please click below, or see the main Parish Council noticeboard:

http://www.weedonbucks.org.uk/index.php/parish-council/minutes-of-meetings

## **DIARY YOUR LOCKDOWN EXPERIENCE**

From the Centre for Buckinghamshire Studies

The coronavirus pandemic is having a huge impact on normal life and is affecting us all. It is an event that will go down in history, and there will be much to learn from this hugely important moment in time. So there is an effort underway to document people's experiences.

The archives team in the **Centre for Buckinghamshire Studies** is asking local people to keep a diary of daily life during this time. The idea is that people log their feelings and experiences and, once we begin a return to more 'normal' life, that the diaries are submitted to our archives team. They will store these logs safely for use in the future by researchers.

If you would like to take part it's certainly not too late to start up. You can record your experiences either digitally, or on paper; whatever works best for you. We've got a few tips below if you need a helping hand to get started.

- Try a daily log with bullet points
  - —- Include descriptions of what you have been doing each day
- Write about the weather, or the news
- What are you missing about daily life?
- Write about how you are feeling, including your worries and fears
  - —- Include colour, drawings and sketches if you want to

Contact the Centre for Buckinghamshire Studies with any queries or questions about this project by emailing: archives@buckinghamshire.gov.uk.

# SMALL BUSINESS GRANTS FROM BUCKINGHAMSHIRE COUNCIL

The Buckinghamshire Council is offering grants (not loans) to small businesses.

Most businesses in the retail, hospitality and leisure sectors, and those receiving Small Business Rate Relief or Rural Rate Relief will receive a grant as follows:

- Eligible properties with a rateable value of £15,000 or less will receive a £10,000 grant
- Eligible properties with a rateable value of more than £15,000 and up to £51,000 will receive a £25,000 grant

To be eligible for a grant, companies and traders must have been liable for business rates on 11 March 2020. If not, there is no entitlement to relief.

Apply now at: www.buckinghamshire.gov.uk/businessgrant.